

ARCHDIOCESE OF BIRMINGHAM

Our Archdiocese has a zero-tolerance policy for all forms of abuse. Our Parish Safeguarding Representative is Tim Naylor and can be contacted via sg.stwulstan.littlemalvern@rcaob.org.uk (Confidential).

Alternatively, the Diocesan Safeguarding team can be contacted on 0121 230 6240 or via safeguarding@rcaob.org.uk if you have any concern or in an emergency.

ST. WULSTAN'S LITTLE MALVERN

In the pastoral care of the Benedictine Monks of Belmont Abbey

PARISH PRIEST: FR. THOMAS REGAN OSB

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1st FEBRUARY 2026 / FOURTH ORDINARY SUNDAY

HOLY MASS THIS WEEK

SATURDAY 5pm Vigil Mass MERRIEL & JIM COTTERILL (Confessions 4.30pm)

SUNDAY 10.30am CLERGY & PEOPLE, MALVERN CLUSTER

MONDAY 10am Candlemas SPECIAL INTENTION

TUESDAY 10am Saint Blaise SPECIAL INT. (Blessing of Throats after Mass)

PLEASE NOTE: WEDNESDAY, THURSDAY & FRIDAY: NO MASS AT ST. WULSTAN'S THIS WEEK.

SATURDAY 5pm Vigil Mass PRO POPOLO

SUNDAY 10.30am FOR VOCATIONS

Readings for Sunday Mass

First Reading: Zephaniah

'I will leave in your midst a people humble and lowly.'

Psalm Ps 146(145):6c-7,8-9a,9b -10

R./: Blessed are the poor in spirit; for theirs is the kingdom of heaven.

Second Reading: 1 Corinthians 1:26-31

'God chose what is weak in the world.'

Gospel: Matthew 5:1-12a

'Blessed are the poor in spirit.'

PRAYING FOR OUR DEARLY DEPARTED LOVED ONES AND ALSO THE SICK

We pray for the repose of the souls of John Bilsborough & Fr. Stephen Holdsworth OSB. May their souls and all the souls of the faithful departed, through the mercy of God rest in peace. Amen.

Please pray also: for all the sick and housebound including Rosemarie Kay, Pat Sweetman, Jennifer Bush, Patricia Soper, Lea Maloney and Bernadette Mulholland'

AFTER MASS TODAY: cuppa in the Parish Room, and IN CHURCH a short meeting for all willing to do a good turn in the life of the Parish.

PALMS bring last year's Palm Crosses to Church, put them in the basket provided. These will be burnt to make our Ashes for Ash Weds. (18th Feb,) when our Mass will be at 12noon. Diary date!

SIGN UP if you're willing to READ at Mass, help with FLOWERS, a little bit of MAINTENANCE, and CLEANING... An inactive Parish is a dying Parish!

CANDLEMAS feast of the Presentation of Our Lord in the Temple. Christ is the Light of the World. On this feast we bless the candles used at Mass this year.

THROATS On the feast of St. Blaise (Tues), it is our pious tradition to offer the Blessing of Throats seeking his intercession.

A PRAYER FOR LIFE

Heavenly Father, / the beauty and dignity of human life was the crowning of your creation. / You further ennobled that life when your Son became one with us / in his incarnation. Help us to realize the sacredness of human life / and to respect it from the moment of conception / until the last moment at death. / Give us courage to speak with truth and love / and with conviction in defence of life. / Help us to extend the gentle hand of mercy and forgiveness / to those who do not reverence your gift of life. / To all, grant pardon for the times we have failed to be grateful / for your precious gift of life / or to respect it in others. We make our prayer through Christ Our Lord. Amen.

POPE LEO'S PRAYER INTENTION FOR FEBRUARY

For Children with Incurable Diseases: Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

HUMAN DIGNITY: The Catholic Vision and Why it Matters. The next of the 'Horizons of Hope' talks will be given by Professor John Loughlin on the principles of Catholic Social teaching, and how they impact on the many moral challenges in our world today. At The Chapterhouse, Belmont Abbey Saturday, 21 February 2026 10am-12.30pm. All welcome!

DEFEND THE SANCTITY AND DIGNITY OF HUMAN LIFE!

Dear Fr,

I'm emailing to invite you to the upcoming 40 Days for Life Kick-off event in Birmingham which is on Sunday 15th Feb at 2pm in St Joseph and St Helen's Church Hall in Kings Norton and ask whether you could help promote it? We have recently had newly released national abortion statistics and they are catastrophically high - around 300,000 across the UK in 2023 - this is something we can practically do to challenge that both practically and prayerfully.

At the event we will have some of our younger members sharing their own testimonies of why they are involved in the campaign and their own experiences. Just to be clear, while it's just young people who are giving the testimonies, this event is open to all ages.

Sunday 15th Feb, 2pm: 'A New Generation Rising to Defend Life - Young pro-lifers share their reasons for being involved in 40 Days for Life'. Come along to St Joseph and St Helen's Church Hall 84 Northfield Rd, King's Norton B30 1JG. This is for all ages. No booking required. For more info or to get involved in the upcoming campaign please contact Isabel on 07773 501721 izzyvs@gmail.com

Many thanks for any support you can give. God bless,
Isabel Vaughan-Spruce
Campaign Director 40 Days for Life Birmingham

CHRISTMAS CARDS 2025

The numbers have been crunched and reveal that sales of the Christmas cards raised £42 over the summer and a further £772 in the autumn for the restoration fund. So, a big THANK YOU to all who bought and sold them - we couldn't have done it without your help! Meanwhile, the cards are still available to order via the Fundraising page at www.saint-wulstans.org.uk.

CHURCH KEYS.

There are several people who have a set of keys to the church. As those who do vital jobs in the church (cleaning, flowers etc.,) come and go we have to provide keys to those kindly taking on the jobs of those "retiring",

If you have a set of keys you no longer need please return them to James Sweetman, so he can ensure the list of those with keys is up to date, avoid having yet more keys cut, and can re-issue them to those who now need a set.

Your help here will be much appreciated.

FLOWERS - Please come and join our small team of flower arrangers. Give it a try and work with one of us if you are not sure. It is fun, creative and rewarding. We each do a 2-week slot roughly 5 times a year plus Christmas and Easter, obviously less with more of us. We are all self-taught so no skills needed and any new ideas would be welcome. Some of the flower group cover other duties in the church so a little help would go a long way. Thank you.

Contact Mary Pillon on 07960732491 or June Stallard on 01684 540357

CAFOD: A Better World Needs All Of Us: Happy New Year! January 2006 Edition. A very good newsletter from CAFOD.

<https://new.express.adobe.com/webpage/oQFetsJbryXuN>

FOR NEWS AND EVENTS FROM THE ARCHDIOCESE OF BIRMINGHAM Link to see what is going on in the archdiocese: <https://www.birminghamdiocese.org.uk>